

Profiles of Headstart Programs In the City of Ottawa

Early Enrichment Programs for Young Children

Produced by Ottawa-Carleton Headstart Association for Preschools
With funding from Ministry of Community and Social Services
City of Ottawa

November 2002



OTTAWA-CARLETON HEADSTART ASSOCIATION FOR PRESCHOOLS

OCHAP'S Mission

Incorporated in 1990, the Ottawa-Carleton Headstart Association for Preschools (OCHAP) is an organization representing staff, parents and Board members of Headstart Preschools, licensed under the Ministry of Community and Social Services, Day Nurseries Act of Ontario. OCHAP was established in response to the urgent need for advocacy and networking among Headstart programs dealing with issues of poverty, family stress, public housing, multiculturalism and other factors affecting child development.

OCHAP'S Objectives

Today, the stated purpose of OCHAP is:

- h to support and coordinate Headstart Preschool programs and community agencies;
- h to provide a central body to coordinate services;
- h to educate and provide professional in-service training to teaching staff;
- h to support parent education programs;
- h to advocate on behalf of member schools;
- h to advocate and inform the community of Headstart programs;
- h to advocate on behalf of families participating in member schools.

Purpose of this Document

This document contains profiles of Headstart programs in the City of Ottawa. It is intended to help inform parents about these effective, early childhood enrichment services, and to help advocate for continued Headstart programs in communities throughout the City of Ottawa.

HISTORY OF HEADSTART

The Ottawa-Carleton region's first Headstart programs were established in 1969. The original intent of these programs was to provide 2½ to 5 year old children from economically and socially disadvantaged environments with an enriched preschool learning experience. While most Headstart programs are currently licensed to serve the preschool population, some programs have now been given a special clause in their license to serve a designated number of toddlers from the next youngest age group, 18 months to 36 months. Parents make self-referrals or are referred to Headstart programs by other social service agencies.

The Headstart Model

Through enriched programming, Headstart is designed to encourage each child to realize his or her full potential, to better prepare the child for entry into the educational system and to work with parents addressing family issues. Headstart programs strive towards implementing the ideal preschool program, which incorporates:

- h goal-oriented curriculum;
- h culturally appropriate outdoor/indoor play and activities;
- h qualified staff of teachers with low teacher to child ratios;
- h assessments and customized program plans for children;
- h nutritional snacks and meals;
- h field trips;
- h transportation to and from school and home;
- h active parental involvement; and
- h partnerships with community agencies.

OTTAWA-CARLETON HEADSTART ASSOCIATION FOR PRESCHOOLS

Full Member Agencies

All Headstart programs have a purchase of service agreement with the City of Ottawa, with the number of subsidies varying from program to program. The following are the Headstart programs presently in existence within the Ottawa-Carleton region:

- h Esther By Childcare Centre
- h Foster Family Child Care Centre
- h Heatherington Nursery School
- h Cornerstone Children's Centre
- h Headstart Nursery School, Children's Aid Society
- h Hawthorne Meadows Nursery School
- h Nanny Goat Hill Nursery School
- h Pinecrest Queensway Nursery School
- h Queensway Preschool
- h The National Capital Region YM/YWCA Nursery School
- h West End Nursery School

INDIVIDUAL PROFILES OF HEADSTART PROGRAMS
IN ALPHABETICAL ORDER



CHILDREN'S AID SOCIETY HEADSTART NURSERY SCHOOL

1602 Telesat Court
Gloucester, ON K1B 1B3
(613) 747-7800
(613) 747-4456 fax
Director: Janie O'Leary

Mission and Philosophy

The Headstart Nursery School/Pré-maternelle Bon-Départ is a voluntary child protection support program provided to preschool children living with their parents. The program endeavours to assist children to reach their full potential by offering a warm, safe, nurturing environment which promotes early child development and assists children to enter the school system ready to learn. The length of a child's stay in the program is determined by the needs of the family and the level of risk to the child as assessed in close consultation and collaboration with the child protection worker.

Target Population:

Clients of the Children's Aid Society of Ottawa-Carleton, children 18 months to 5 years, Anglophone and Francophones

Staffing:

The Headstart staff is formed from a team of dedicated professionals including a school supervisor, teachers, a unit assistant, and drivers with many years of experience on the road with children. The supervisor and teachers are qualified early childhood educators.

Facilities:

The Children's Aid Society Headstart Nursery School is located on the ground level floor of a large office building. The school has large classroom spaces, which are bright, cheery, and well-equipped.

Transportation:

Limited transportation is provided by the Children's Aid Society Headstart Nursery School.

Days and Hours of Operation:

Toddler Program (18 to 30 months):	9:00 a.m. to 11:15 a.m. Every weekday
A.M. Headstart (30 months to 4 years):	9:00 a.m. to 11:15 a.m. Mon. Tues. Wed.
P.M. Headstart (3 to 4 years):	1:00 p.m. to 3:15 p.m. Mon. Tues. Wed., Thurs.
Bon Départ (Francophone Children):	9:00 a.m. to 11:15 a.m. Mon. Tues. Wed. Thurs.

Maximum Number of Children: 21 children

Child to Staff Ratio: 1:7



Services for Children:

Program activities are planned according to themes. These themes consist of learning a body part, shape, colour and everyday living activity. Activities are available for two weeks to allow children to participate several times. They are designed to stimulate children's cognitive, physical, social and emotional development. Activities include:

- h working with puzzles, small blocks, pegboards;
- h measuring amounts and weights;
- h talking and listening to stories, songs and sounds;
- h experimenting with materials;
- h planting and growing vegetables in the garden;
- h working with small construction toys, beads, glue, paint crayons, clay and other art materials;
- h manipulating big blocks, tunnels, trucks and trains;
- h sliding, riding, skipping, splashing and balancing;
- h pouring juice, mixing dough and molding cookies;
- h talking and listening to friends;
- h hearing stories and sharing stories;
- h playing beside or with friends;
- h acting out roles such as parent, teacher and doctor;
- h going on field trips and having special visitors.

Services for Parents:

Parents are also invited to:

- h come to the school on their child's birthday;
- h assist with field trips and special visits;
- h attend group days such as family picnics, Christmas parties and parent focus groups;
- h join the parenting class

Parent classes run three times a year for fifteen week periods. Topics covered include child development, routines, behaviour, communication, stress in children, parent stress, healthy sexuality, safety and child abuse. The school offers an anger and stress management course for parents who want to learn positive ways to deal with everyday stress and anxiety.

UNIQUENESS ...

*The Children's Aid Society
Headstart Nursery School
provides a supportive environment
for the child and family. We offer
transportation to people
throughout the City and we
provide hot meals to children. We
show great respect to the family
and children.*

Janie O'Leary, Director

Services for Children:

- h Creative art and activities;
- h Table top and cognitive play Area;
- h Science;
- h Field trips including gymnasium, community library, etc.;
- h Outdoor play with climber and in playyards;
- h Enhanced nutritious morning and afternoon snacks, and a hot full course meal served at noon;
- h Speech and Language Pathologist consultation;

Services for Parents:

Cornerstone Children's Centre invites parents to Parent-Teacher conferences, parenting groups and to participate on the Board of Directors. School newsletters are also sent to parents.

UNIQUENESS ...

Cornerstone Children's Centre has well-trained staff with early childhood education backgrounds. The school's curriculum is based on language development milestones.

Brenda Fick-Kahler, Director

AGENCY INFORMATION:

Cornerstone Children's Centre is managed and operated by:



Hawthorne Meadows Nursery School, Inc.
2330 Don Reid Drive, Suite 102
Ottawa, ON K1H 1E1
(613) 731-2440
(613) 521-8356 fax

ESTHER BY CHILDCARE CENTRE

1550 Caldwell Avenue
Ottawa, ON K1Z 8M7
(613) 729-3242
(613) 729-6765 fax

Supervisor: Beth Dewan

E-mail: beth.dewan@city.ottawa.on.ca

Mission and Philosophy

Recognizing that children's experiences during their early years directly affect the quality of their lives, it is Esther By Day Care's goal to meet children's social, physical, intellectual and emotional needs. If children are to grow into responsive and responsible individuals, they first need to accept themselves as they are, regardless of developmental differences. Through our support, assistance and direction they come to understand their potential and to gain the knowledge necessary to deal with life's everyday experiences. Esther By Childcare Centre has been developed as a supplement to the home environment. In this way, children find a place for themselves as members of the family, community and society of peers. The nature of this program provides for children's ongoing growth and change.

Target Population: 2 ½ to 5 years of age

Staffing: All of the teachers have Early Childhood Education degrees

Facilities:

Esther By Day Care is a dedicated child care facility.

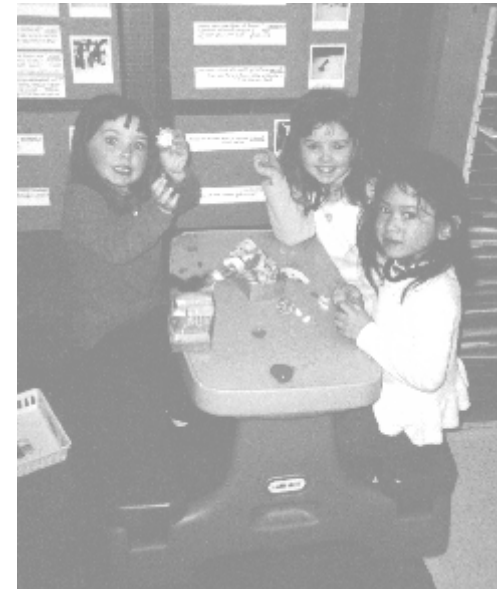
Transportation:

Esther By Childcare Centre does not provide any free transportation, but is accessible by public transportation.

Days and Hours of Operation: Monday through Friday, full-days

Maximum Number of Children: 48 children

Child to Staff Ratio: 1:8



Services for Children:

Esther By Childcare Centre incorporates child-directed projects in its approach to prepare children for school. In addition, the following programs and activities are also included:

- h indoor/outdoor free play activities;
- h circle time;
- h story telling;
- h music and movement;
- h field trips;
- h creative arts;
- h activities that promote social, emotional, cognitive, language and physical development;
- h physical activities;
- h language development;
- h hot, nutritious lunch plus 2 snacks

Services for Parents:

Parents are encouraged to participate field trips as well as Parent Night during the Fall, parent teas, annual BBQ, open door policy.

UNIQUENESS ...

Esther By Childcare Centre has a Speech Enhanced Program. Our program is very parent friendly – accessible anytime.

Beth Dewan, Supervisor



FOSTER FARM CHILD CARE CENTRE

1065 Ramsey Crescent

Ottawa, ON K2B 7Z9

(613) 829-8939

(613) 829-1533 fax

Director: Wendy Miron

E-mail: wendy.miron@city.ottawa.on.ca

Mission and Philosophy

Recognizing that children's experience during their early years directly affect their quality of the lives, it is Foster Farm Children Care Centre's goal to meet the social, physical, intellectual and emotional needs of children. To grow into responsive and responsible individuals, they first need to accept themselves as they are, regardless of developmental differences. Through support, assistance and direction, children come to understand their potential and to gain the knowledge necessary to deal with life's everyday experiences.

Target Population: 2 ½ to 5 years of age

Staffing: 1 Supervisor, 4 Early Childhood Educations/Teachers, 1 Full-time Cook and 1 Part-time Housekeeper

Facilities: Foster Farm Child Care Centre occupies a signification portion of the ground level of the Foster Farm Apartment. Renovations were made to convert apartment units to playrooms on the north side of the building. An secure, outdoor play area is located behind the building and is made available to children.

Transportation:

Foster Farm Child Care Centre does not provide any free transportation, however, it is accessible by public transportation.

Days and Hours of Operation: Monday through Friday, full-days, 7:30 a.m. to 5:45 p.m.

Closings: Statutory Holidays

Maximum Number of Children: 32 children

Child to Staff Ratio: 1:8



Services for Children:

The Centre provides both indoor and outdoor free play activities, as well as more structured learning period known as Circle or group time or meeting time. During this time, children are divided by age. However, throughout the rest of the day, the children play together freely. Educational field trips and special excursions are provided throughout the year.

Foster Farm Child Care Centre, first and foremost, wants children to have fun during their outdoor play – learning through their play and exploring the world around them. Foster Farm will give children opportunities to:

- h** develop their gross motor skills, through such activities as climbing, running, biking.
- h** develop their social skills, through co-operative games and sharing of equipment;
- h** enjoy fresh air and exercise on a daily basis, as weather permits;
- h** develop an appreciation of nature and their outdoor environment, and to observe the changes around them, such as the changing seasons.

Services for Parents:

The Centre aims to support and enhance the parenting role of families.

UNIQUENESS ...

Foster Farm Child Care Centre is a family-based program, focussing on school-readiness. We help children learn basic skills including socialization. Our experienced staff teach self-help skills to children in a safe learning environment - to help them as they grow up.

Wendy Miron, Director

AGENCY INFORMATION:

Foster Farm Child Care Centre is owned and operated by the:



City of Ottawa
Social Services Department
Child Care Division
495 Richmond Road
Ottawa, ON K2A 0G3
(613) 724-4106
(613) 724-4219 fax



HAWTHORNE MEADOWS NURSERY SCHOOL

2244 Russell Road
Ottawa, ON K1G 1B3
(613) 731-1507 phone and fax
Director: Nancy Rowley
E-mail: hmns@ncf.ca

Mission and Philosophy

The purpose of Hawthorne Meadows Nursery School is to provide a one-half day Nursery School program, which will benefit the child, the parent, and the community. The school's philosophy is to enable children to participate in a program designed to meet each child's individual needs as well as their social, physical, emotional and cognitive development. The staff encourages and promotes language development throughout the program.

Target Population: 18 months to 5 years of age

Staffing The program is staffed by a team of early childhood educators, which includes a school director, two full-time and three part-time teachers. In addition four of the staff are qualified school bus drivers. The staff continuously take advantage of opportunities to upgrade and broaden their skills through attendance at workshops, seminars, conferences, and courses related to their field.

Facilities: Hawthorne Meadows Nursery School is located on the first floor in the church hall of Hawthorne United Church. The Nursery School is well-equipped and versatile. The playroom is set up with learning centres: art area, cognitive and table top toy area, large muscle area, science and unit block area and dramatic play area.

Transportation: Transportation is provided to clients living with a specific catchment area.

Days and Hours of Operation:

Regular Program:	Monday thru Friday	8:45 a.m. to 11:30 a.m. or 12:45 p.m. to 3:30 p.m.
Summer Program:	5 weeks beginning July	8:45 a.m. to 11:45 a.m. or 12:45 p.m. to 3:45 p.m.

Closings: Statutory Holidays, Christmas, March break, three weeks in summer (August)

Maximum Number of Children: 44 children

Child to Staff Ratio: 1:6

AGENCY INFORMATION:

Hawthorne Meadows Nursery School is managed and operated by:

Hawthorne Meadows Nursery School, Inc.
2330 Don Reid Drive, Suite 102
Ottawa, ON K1H 1E1
(613) 731-2440
(613) 521-8356 fax

Services for Children:

Hawthorne Meadows Nursery School provides a program for pre-school children designed to promote development in all areas including: language acquisition, problem solving skills, school readiness, self-regulation, socialization, healthy physical and cognitive development and greater self-esteem. The program offers children first hand experiences and opportunities which promote active learning. A dedicated staff create a nurturing, learning environment which fosters confidence, self-expression and creativity. Activities for children include:

- h** Art. Includes language, sensory and creative opportunities;
- h** Library, puzzles and building toys. Includes opportunities to develop language, literacy, cognitive and manipulative skills;
- h** Dramatic play. Includes opportunities to develop language, social skills, understanding of the world and others;
- h** Science. Includes opportunities to question, wonder and explore.
- h** Field trips. Frequent field trips give children first hand experiences in their community, expanding their knowledge and understanding of the world around them;
- h** Language Development Program. Includes Speech/Language Pathologist consultation, assessment and referral;
- h** Nutritious and Hearty Snacks. Three snacks are offered per program: a breakfast or lunch supplement upon arrival, fresh fruits and vegetables available during free play, and a lunch or dinner supplement before departure including a high protein snack and milk.
- h** Positive Behaviour Guidance. Includes opportunities for children to develop self-regulation and control, self-esteem and problem solving through guided interactions with staff and other children.

Services for Parents:

Hawthorne Meadows Nursery School has an open door policy for parents. Parents are invited to participate in the program, special events and field trips. Parent workshops and parent groups are offered. Parents are encouraged to participate in the running of the program through involvement with the Board of Directors. Six positions on the Board are reserved for parents including the positions of President and Vice-President. In addition monthly parent newsletters are sent home.

UNIQUENESS ...

Our enriched program includes individualized programming for children, an enriched staff to child ratio, and an excellent caliber of trained staff. We provide problem solving opportunities for children through a child-directed, project approach, which promotes cognitive thinking and reasoning skills.

Nancy Rowley, Director

HEATHERINGTON NURSERY SCHOOL

2330 Don Reid Drive, Suite 102

Ottawa, ON K1H 1E1

(613) 731-2440

(613) 521-8356 fax

Director: Brenda Fick-Kahler

E-mail: ccchts1@aol.com

Mission and Philosophy

Heatherington Nursery School's philosophy is to provide each child with a stimulating and supportive environment designed to motivate each child to reach their individual potential.

Target Population: 2 ½ to 5 years of age

Staffing: Qualified staff with Early Childhood Education backgrounds

Facilities: Heatherington Nursery School is located in a modern, purpose built child care centre, named Cornerstone Children's Centre. The school's environment is innovative, with self-contained rooms equipped with storage areas, lofts and designated areas of play. The outdoor play ground is well-planned, with separate sections geared to the developmental ages of children.

Transportation: Heatherington Nursery School provides a school bus for clients living in the Heatherington, Fairlea, Albion, Herongate and Ledbury communities.

Days and Hours of Operation: Monday through Friday, September to July
8:45 a.m. to 11:15 a.m. or 1:00 p.m. to 3:30 p.m.

Closings: August, Statutory Holidays, Christmas and March Breaks

Maximum Number of Children: 32 children (16 in the morning/16 in the afternoon)

Child to Staff Ratio: 1:8

Services for Children:

- h** Creative art and activities;
- h** Table top and cognitive play Area;
- h** Science;
- h** Field trips to parks, farms, museums, libraries, etc.;
- h** Outdoor play with climber and in playyards;
- h** Enhanced nutritious snacks;
- h** Speech and Language Pathologist consultation;

Services for Parents:

Heatherington Nursery School invites parents to Parent-Teacher conferences, parenting groups and to participate on the Board of Directors. School newsletters are also sent to parents.

UNIQUENESS ...

Heatherington Nursery School has a language-based development and multi-cultural program. Our staff are sensitive to issues of new Canadian and immigrant families.

Brenda-Fick Kahler, Director

AGENCY INFORMATION:

Heatherington Nursery School is managed and operated by:



Hawthorne Meadows Nursery School, Inc.
2330 Don Reid Drive, Suite 102
Ottawa, ON K1H 1E1
(613) 731-2440
(613) 521-8356 fax

NANNY GOAT HILL NURSERY SCHOOL

755 Somerset Street, West

Ottawa, ON K1R 6R1

(613) 235-7561

(613) 7595 fax

Director: Cori Thompson

E-mail: cthompso@swchc.on.ca

Mission and Philosophy

Nanny Goat Hill Nursery School offers an educational program based on the belief that children learn through play. Given a balance of freeplay, and teacher directed activities, the preschool children grow and develop socially, physically, emotionally and intellectually.

Target Population:

2 years and 3 months to 5 years old (toilet trained)

Facilities:

Nanny Goat Hill Nursery School is located within the Dalhousie Community Centre on the first floor above street level. Their facilities include a large classroom and a fun outdoor play area.



Transportation:

Nanny Goat Hill Nursery School does not offer any free transportation. Located near downtown Ottawa, the school is very accessible by public transportation (#2 bus).

Days and Hours of Operation:

Monday through Friday, 9:00 a.m. to 11:30 a.m.

Closings: Statutory holidays, Christmas and March breaks

Staffing: 2 experienced, early childhood educators with CPR and First Aid Training

Maximum Number of Children: 16 children

Child to Staff Ratio: 1:8

Services for Children:

- h** stories, songs and games to encourage speech and language development;
- h** art, sensory activities, music and dramatic play to encourage social development and creativity;
- h** indoor and outdoor play on climbing equipment, tricycles and with blocks and sand helps children gain confidence, coordination and strength;
- h** field trips encourage friendships and expand children’s knowledge of the world and how it works;
- h** science and nature activities encourage children to question, wonder and explore the world of nature;
- h** positive child guidance from early childhood educators allow children to develop self-confidence and self-control;
- h** social skills are learned with guidance and through experiences with imaginative play;
- h** speech therapist visits from CHEO regularly
- h** hearty and nutritious snack;

Services for Parents:

Parents are encouraged to participate in family events and field trips offered through Nanny Goat Hill Nursery School. In addition, families are encouraged to use the parenting programs, health, community and social services of Somerset West Community Health Centre, located just one block away.

UNIQUENESS ...

Nanny Goat Hill Nursery School has a small group size, which provides children with opportunities to spend quality time with the early childhood educators. Because of its location, in the heart of Ottawa’s Chinatown, the program is accessible and culturally-responsive to Southeast Asian families.

Bev Bakka, Director

AGENCY INFORMATION:

Nanny Goat Hill Nursery School is managed and operated by:

Somerset West Community Health Centre
55 Eccles Street
Ottawa, ON K1R 6S3
(613) 238-8210
(613) 238-7595 (fax)



PINECREST QUEENSWAY NURSERY SCHOOL

2860 Ahearn Avenue

Ottawa, ON K2B 6Z9

(613) 829-1125

(613) 820-0052 fax

Director: Michele Hynes

E-mail: hynes@pinecrest-queensway.com

Mission and Philosophy

The Nursery School provides an early enrichment program to children from economically disadvantaged families. This community-based school has an innovative curriculum and enhanced learning environment.

Target Population: For children ages 2 ½ to 5 years (toilet trained).

Staffing: 3 qualified, early childhood educators

Facilities: Pinecrest-Queensway Headstart Nursery School is located on the first floor of Dr. F.J. McDonald (entrance is toward the rear of the building). An enriched environment, this Headstart program has both innovative indoor and outdoor play areas.

Transportation:

Pinecrest-Queensway Headstart Nursery School offers limited transportation.

Days and Hours of Operation:

Days: Monday through Friday, half-day programs in the morning and afternoon

Morning Session: 8:30 a.m. to 11:00 a.m.

Afternoon Session: 12:30 p.m. to 3:00 p.m.

Closings:

Statutory Holidays, 2 weeks during the Christmas season, 1 week in March, 2 weeks in the summer (last week in July and first week in August)

Maximum Number of Children: 48 children

Child to Staff Ratio: 1:8

Services for Children:

- h** Adventurous field trips across the city and surrounding area;
- h** A wet and wild 10 week swim program each Spring;
- h** Trips to the local library for story time;
- h** Early identification for children with developmental concerns and also opportunities to be seen by qualified Speech and Language Pathologist;
- h** Aesthetically pleasing child-oriented playroom with developmental age-appropriate toys and activities;
- h** Large outdoor play area with climber and room to run, bike and play;
- h** Nutritious snacks with culturally diverse menus;
- h** Transportation provided within the catchment area.

Services for Parents:

- h** Parent Handbook in five different languages.
- h** Home visiting to offer support and ideas to parents concerning children, 0 to 5 years.
- h** Resource opportunities provided by Pinecrest Queensway Health and Community Services in areas such as: family and individual counselling, First Words, workshops on nutrition, eating disorders, budgeting, parenting, etc.
- h** Parent Chat days once a month for parents to join their child and meet with other parents and teachers for coffee and treats.

UNIQUENESS ...

*Pinecrest Queensway
Nursery School
provides children with
an opportunity to grow
and learn in a warm,
safe and innovative
environment.*

*Michele Hynes,
Director*

AGENCY INFORMATION:

Pinecrest-Queensway Headstart Nursery School is managed and operated by:

Pinecrest-Queensway Health and Community Services
1365 Richmond Road
Ottawa, ON K2B 6R7
(613) 820-4922
(613) 820-2006 (fax)
www.pinecrest-queensway.com



QUEENSWAY PRESCHOOL

429 Parkdale Avenue
Ottawa, ON K1V 1H3

(613) 728-8055

(613) 728-8055 fax

Director: Kirsten Partanen

Mission and Philosophy

It is the philosophy of the Queensway Preschool to recognize that each child is unique, therefore the program focusses on the individual needs and abilities of each child, knowing that early childhood should be a time of fun, warmth, security, exploration and discovery.

Target Population: 2 ½ to 5 years old

Staffing: 3 qualified, early childhood educators

Facilities:

Queensway Preschool is situated within the Parkdale United Church, at the corner of Gladstone and Parkdale.

Transportation:

Transportation is provided for children who live within designated boundaries: Bronson Street, Island Park Drive, the Ottawa River and Carling Avenue [refer to map].

Days and Hours of Operation:

Monday through Friday, 9:00 a.m. to 11:30 a.m. or 9:30 a.m. to 12:00 noon (depending on geographic region)

Maximum Number of Children: 24 children

Child to Staff Ratio: 1:5



AGENCY INFORMATION

**Queensway Preschool is owned
and managed by Queensway
Social Action Group.**

Services for Children:

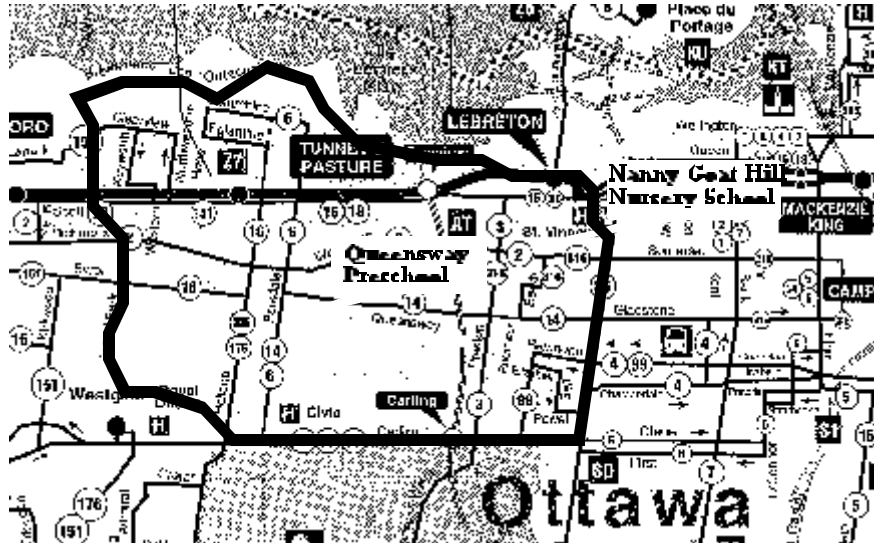
The Queensway Preschool program is designed to promote active learning whereby children plan their mornings and make decisions independently. The staff offer a warm, learning environment with materials and activities which encourage self-esteem, as well as cognitive, social, emotional and physical development. There is outdoor play in our well-equipped playground, as well as regular trips and walks. The school also has the services of a speech pathologist.

Services for Parents:

The Preschool strives toward developing a positive and cooperative working relationship with the parents, through a Parent’s Groups, home visits and an open invitation to be a parent volunteer in the program. The Parent’s Group is a support group for parents with children in the program. A variety of topics are chosen by the parents for discussion. Transportation and babysitting are provided.

UNIQUENESS ...

Queensway Preschool focusses on social skills in a safe environment. There are opportunities to solve issues in more acceptable ways, and there is a conscious effort to prepare children with the skills for success in kindergarten.



Transportation Boundaries for Queensway Preschool



THE NATIONAL CAPITAL REGION YMCA-YWCA HEADSTART NURSERY SCHOOL

180 Argyle Avenue
Ottawa, ON K2P 1B7
(613) 788-5004
(613) 788-5052 fax
Director: Mona Rowland

Mission and Philosophy

The goal of the National Capital Region YMCA-YWCA Headstart Nursery School is to provide an enriched preschool experience for children that will help prepare them for the formal education system with success. Through play, children are encouraged to feel good about themselves; be confident to try new activities; solve problems and communicate their feelings, and develop their language and social skills.

Target Population: For children ages 2 ½ to 5 years

Staffing: All teachers have diplomas in Early Childhood Education or Equivalent training.

Facilities:

This Headstart program is located on the second floor of a large public building. The program provides children with an opportunity to use the children's swimming pool, indoor gymnasiums, and interactive and secured outdoor play area.

Transportation:

The National Capital Region YMCA-YWCA Headstart Nursery School offers limited transportation.

Days and Hours of Operation:

Schedule: A morning program from September to June
A morning and afternoon program in July and August

Closings: Statutory Holidays

Maximum Number of Children: 24 children during school year; 40 during summer months

Child to Staff Ratio: 1:8



Services for Children:

Children have the opportunity to grow and develop by experiencing:

- h creative arts;
- h gym and swim activities;
- h regular outings;
- h nutritious snacks;
- h music and movement;
- h pre-reading and writing skills development;
- h outdoor play;
- h circle time;
- h free play time;
- h early computer skills

Services for Parents:

Social events are arranged throughout the year. Parenting courses or workshops are also offered, twice a year during the evening hours – incorporating parenting education, social time, transportation, child care, and light snacks or meals. A newsletter for parents are occasionally produced.



UNIQUENESS ...

*The National Capital Region
YM-YWCA Headstart Nursery
School effectively prepares
children for school by
developing partnerships with
parents and parent educators.
Keeping with the overall
mission of the Y, the program
builds Spirit, Mind and Body
through physical, social,
language and cognitive
development activities.*

Mona Rowland, Director

WEST END NURSERY SCHOOL

1470 Raven Avenue
Ottawa, ON K1Z 7Y7
(613) 728-6505 phone
(613) 728-2921 fax
Director: June Adamson

Mission and Philosophy

West End Nursery School provides children with the opportunity to develop and grow in a stimulating environment and through a wide variety of activities. The school offers a rich language program, and our philosophy is to encourage each child to develop at their own pace and feel good about themselves. Good role modelling teaches the children the necessary tools to deal with life experiences.

Target Population: 2 to 5 years of age

Staffing All teachers hold an Early Childhood Education diploma

Facilities:

West End Nursery School is a unique environment, a single-home converted into a dedicated child care facility.

Transportation:

West End Nursery School offers limited transportation [refer to map for boundaries].

Days and Hours of Operation: Monday through Friday, half-days in the morning

Maximum Number of Children: 32 children

Child to Staff Ratio: 1:8



Services for Children:

West End Nursery School offers the following:

- h play opportunities;
- h story telling;
- h matching/group/sorting exercises;
- h board games;
- h creative arts;
- h music and movement;
- h physical activities;
- h language development;
- h early computer skills;
- h nature awareness

Services for Parents:

Parents are invited and actively participate in a Family Lunch, held during the last Friday of every month.



UNIQUENESS ...

The most unique aspect of West End Nursery School is the fact that families return over and over again. Generations have attended this school which has been around for over a half century. West End promotes an awareness and appreciation of nature. There is a genuine feeling of friendship which is a wonderful aspect of this program.

June Adamson, Director

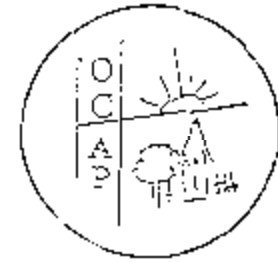


HEADSTART PROGRAMS: AT A GLANCE (By Region of the City)



- West End -

Foster Farm Child Care Centre
Pinecrest Queensway Nursery School



- South West -

Esther By Childcare Centre
West End Nursery School

- Centretown -

Nanny Goat Hill Nursery School
Queensway Preschool
The National Capital Area YMCA/YWCA Headstart Nursery School

- South East -

Cornerstone Child Care Centre
Hawthorne Meadows Nursery School
Heatherington Nursery School

- Gloucester -

Children's Aid Society Headstart Nursery School



WEST END

	FOSTER FARM CHILD CARE CENTRE	PINECREST-QUEENSWAY NURSERY SCHOOL
Year Established	1973	
Contact information	1065 Ramsey Crescent Ottawa, ON K2B 7Z0 (613) 829-8939 Director: Wendy Miron	2860 Ahearn Avenue Ottawa, ON K2B 6Z9 (613) 829-1125 Director: Michele Hynes
Hours of Operation	Weekdays, full-day 7:30 a.m. to 5:45 a.m.	Weekdays, half-days 8:30 a.m. to 11:00 a.m. or 12:30 p.m. to 3:00 p.m.
Closing Schedule	Open Year-Round Closed Statutory Holidays	Closed 2 weeks in Summer, Statutory Holidays, Christmas and March Breaks
Type of Facility	Located on the first floor of Foster Farm apartment building	Located on the first floor of Dr. F.J. McDonald School
Age of Children	2½ to 5 years old	2½ to 5 years old
Staff to Child Ratio	1:6	1:8
Number of HS Slots	32	48
Avg No. on Waiting List	100	20
Average Waiting Period	6 to 12 months	3 to 6 months
Transportation	No	Yes
Fee-for Service Cost without Headstart Subsidy	\$678.00 per month	\$18.99 per day

SOUTH WEST

	ESTHER BY CHILDCARE CENTRE	WEST END NURSERY SCHOOL
Year Established	1972	1978
Contact information	1550 Caldwell Avenue Ottawa, ON K1Z 8M7 (613) 729-3242 Director: Beth Dewan	1470 Raven Avenue Ottawa, ON K1Z 7Y7 (613) 728-6505 Director: June Adamson
Hours of Operation	Weekdays, full-day	Weekdays, half-days 9:00 a.m. to 11:30 a.m. or 1:00 p.m. to 3:30 p.m.
Closing Schedule	Open Year-Round Closed Statutory Holidays	Closed last Friday in July to start of school year; Statutory Holidays; Winter and Spring Breaks
Type of Facility	Dedicated child care facility	Dedicated child care centre in a single home- styled building
Age of Children	2½ to 5 years old	2 to 5 years old
Staff to Child Ratio	1:8	1:8
Number of HS Slots	48	32
Average Number on Waiting List	40	6
Average Waiting Period	1 to 3 months	Less than one month
Transportation	No	Yes
Fee-for Service Cost without Headstart Subsidy	\$678.00 per month	\$250.00 per month

CENTRETOWN

	NANNY GOAT HILL NURSERY SCHOOL	QUEENSWAY PRESCHOOL	THE NATIONAL CAPITAL REGION YMCA/YWCA NURSERY SCHOOL
Year Established	1990	1969	1966
Contact information	755 West Somerset Street Ottawa, ON K1R 6R1 (613) 235-7561 Director: Cori Thompson	429 Parkdale Avenue Ottawa, ON K1Y 1H3 (613) 728-8055 Director: Kirsten Partanen	180 Argyle Street Ottawa, ON K2P 1B7 (613) 788-5004 Director: Mona Rowland
Hours of Operation	Weekdays, half-days 9:00 a.m. to 11:30 a.m.	Weekdays, half-days 9:00 a.m. to 11:30 a.m. or 9:30 a.m. to 12:00 noon	Weekdays, half-days 9:30 a.m. to 11:30 a.m. [A morning and afternoon program in July and August]
Closing Schedule	Open Year-Round Closed Statutory Holidays, Christmas and March Breaks	Open Year-Round Closed Statutory Holidays, Winter and Spring Breaks	Open Year-Round Closed Statutory Holidays
Type of Facility	Located on the second floor of Dalhousie Community Centre	Located in the church hall of Parkdale United Church	Located on the second floor of a large public building
Age of Children	2½ to 5 years old	2½ to 5 years old	2.5 to 6 years
Staff to Child Ratio	1:5	1:8	1:8
Number of HS Slots	16	24	24 [40 during summer months]
Avg. Number on Waiting List	15	17	15
Avg. Waiting Period	3 to 6 months	6 to 12 months	6 to 12 months
Transportation Provided	No	Yes	Yes
Fee-for Service Cost without Subsidy	\$371.36 per month	\$18.62 per day	\$400.00 per month

SOUTH EAST

	CORNERSTONE CHILDREN'S CENTRE	HEATHERINGTON NURSERY SCHOOL	HAWTHORNE MEADOWS NURSERY SCHOOL
Year Established	1981	1988	1977
Contact information	2330 Don Reid Drive Suite 102 Ottawa, ON K1H 1E1 (613) 731-2440 Director: Brenda Fick-Kahler	2330 Don Reid Drive Suite 102 Ottawa, ON K1H 1E1 (613) 733-6742 Director: Brenda Fick-Kahler	2244 Russell Road Ottawa, ON K1G 1B3 (613) 731-1507 Director: Nancy Rowley
Hours of Operation	Weekdays, full-days 7:15 a.m. to 5:45 p.m. Summer: 7:30 a.m. to 5:30 p.m.	Weekdays, half-days 8:45 a.m. to 11:15 a.m. or 1:00 p.m. to 3:30 p.m.	Weekdays, half-days 8:45 a.m. to 11:30 a.m. or 12:45 p.m. to 3:30 p.m.
Closing Schedule	Open Year-Round Closed Statutory Holidays	Open September to July Closed August, Statutory Holidays and Christmas/Spring breaks	Open Year-Round Closed Statutory Holidays
Type of Facility	Child Care Centre	Child Care Centre	Located in a large and airy church hall at Hawthorne United Church
Age of Children	Toddlers: 18 mos. to 2½ years Preschoolers: 2½ to 5 years	2½ to 5 years old	2½ to 5 years old
Staff to Child Ratio	Toddlers: 1:5 Preschoolers: 1:8	1:8	1:6
Number of HS Slots	10 Toddlers / 40 Preschoolers	32 (16 each session)	44
Avg. Number on Waiting List	375	100	200
Avg. Waiting Period	More than 12 months	More than 12 months	More than 12 months
Transportation	No	Yes	Yes
Fee-for Service Cost without Headstart Subsidy	Toddlers: \$33.98 per day Preschoolers: \$33.31 per day	\$23.75 per day	\$21.65 per day

GLOUCESTER

CHILDREN'S AID SOCIETY HEADSTART NURSERY SCHOOL	
Year Established	1968
Contact information	1602 Telesat Court Gloucester, ON K1B 1B1 (613) 747-7800 ext. 2734 Director: Janie O'Leary
Hours of Operation	Toddler Program (18 to 30 months): 9:00 a.m. to 11:15 a.m. Every weekday A.M. Headstart (30 months to 4 years): 9:00 a.m. to 11:15 a.m. Mon. Tues. Wed. P.M. Headstart (3 to 4 years): 1:00 p.m. to 3:15 p.m. Mon. Tues. Wed., Thurs. Bon Depart (Francophone Children): 9:00 a.m. to 11:15 a.m. Mon. Tues. Wed. Thurs.
Closing Schedule	Open Year-Round Closed Statutory Holidays, 2 weeks in December, 1 week in March, and August
Type of Facility	Located on the first floor of a multi-story office building.
Age of Children	30 months to 5 years
Special Eligibility Requirements	This Headstart program is carefully designed to meet the specific needs of clients of the Children's Aid Society of Ottawa-Carleton.
Staff to Child Ratio	1:5
Number of HS Slots	50
Average Number on Waiting List	40
Average Waiting Period	1 to 3 months
Transportation	Yes
Fee-for Service Cost without Headstart Subsidy	Toddler Program (18 to 30 months): \$336 per month A.M. Headstart (30 months to 4 years): \$504 per month P.M. Headstart (3 to 4 years): \$672 per month Bon Depart (Francophone Children): \$672 per month