

## OCHAP: Membership Benefits

Agencies benefit from participating as members in OCHAP through our:

- Ongoing strategies to foster service coordination, professional associations, and effective partnerships.
- Monthly meetings which foster education, advocacy, and networking opportunities among agencies working with families dealing with issues of poverty, family stress, public housing, multi-culturalism, and other factors affecting child development.
- Annual in-service training workshops for professional staff development.
- Periodic forums and focus groups on behalf of member schools and parents.
- Semi-annual newsletters.

Associate and Full Memberships are available. For more information about OCHAP, visit our website at [www.ochap.ca](http://www.ochap.ca) or write:

Ottawa-Carleton Headstart  
Association for Preschools  
C/o Pinecrest Queensway Nursery School  
2860 Ahearn Avenue  
Ottawa, Ontario K2B 6Z9  
Tel. (613) 829-1125  
Fax (613) 829-0052

Rev. May 5, 2006

## OCHAP: Full Member Schools

**Annvale Nursery School** West End  
250 Anna Avenue  
Ottawa, ON K1Z 7V6  
Tel. (613) 798-5689 Fax (613) 798-4177

**Children's Aid Society Headstart Nursery School** East End  
1602 Telesat Court  
Gloucester, ON K1B 1B3  
Tel. (613) 747-7800 Fax (613) 747-4456

**Cornerstone Children's Centre** Southeast  
2330 Don Reid Drive, Suite 102  
Ottawa, ON K1H 1E1  
Tel. (613) 731-2440 Fax (613) 521-8356

**Esther by Day Care** West End  
1550 Caldwell Avenue  
Ottawa, ON K1Z 8M7  
Tel. (613) 729-3242 Fax (613) 729-6765

**Foster Farm Child Care Centre** West End  
1065 Ramsey Crescent  
Ottawa, ON K2B 7Z9  
Tel. (613) 829-8939 Fax (613) 829-1533

**Hawthorne Meadows Nursery School** Southeast  
2244 Russell Road  
Ottawa, ON K1G 1B3  
Tel. and fax (613) 731-1507

**Heatherington Nursery School** Southeast  
2330 Don Reid Drive, Suite 102  
Ottawa, ON K1H 1E1  
Tel. (613) 731-2440 Fax (613) 521-8356

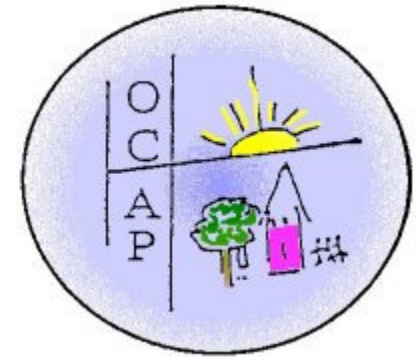
**Nanny Goat Hill Nursery School** Central  
755 Somerset Street, West  
Ottawa, ON K1R 6R1  
Tel. (613) 235-7561 Fax (613) 688-2766

**Pinecrest-Queensway Nursery School** West End  
2860 Ahearn Avenue  
Ottawa, ON K2B 6Z9  
Tel. (613) 829-1125 Fax. (613) 288-3407

**Queensway Preschool** Central  
429 Parkdale Avenue  
Ottawa, ON K1Y 1H3  
Tel. (613) 728-8055 Fax (613) 728-8053

# OTTAWA-CARLETON HEADSTART ASSOCIATION FOR PRESCHOOLS

*Early Enrichment Programs  
for Young Children*



## Our Mandate:

- Education
- Coordination and Networking
- Advocacy

## **OCHAP: Historical Highlights**

The Ottawa-Carleton region's first Headstart programs were established over 30 years ago. The original intent of these programs was to provide 2½ to 5 year old children from economically and socially disadvantaged environments with an enriched preschool learning experience.

Enriched programming is designed to encourage each child to strive to his or her full potential, to better prepare the child for entry into the educational system and to work with parents addressing family issues. Parents may make self-referrals or children may be referred by social services agencies.

While most programs are licensed to serve the preschool population, some programs have a toddler component or have been given a special clause in their license to serve a designated number of children from the next youngest age group (18 months to 36 months, toddlers).

All Headstart programs have a purchase of service agreement with the City of Ottawa, with the number of subsidies varying from program to program.

## **Headstart Subsidies**

Each licensed Headstart program has full or partial subsidizes for families who qualify. Parents may apply for a subsidy through the district office of the People Services Department (580-9696) or call a specific Headstart program for information about the subsidy.

## **OCHAP: Our Mission Statement**

Incorporated in November 1990, the Ottawa-Carleton Headstart Association for Preschools (OCHAP) is an organization representing children, staff, parents and Board members of Headstart Preschools, licensed under the Ministry of Community, Family and Children's Services, Day Nurseries Act of Ontario.

OCHAP was established in response to the urgent need for advocacy and networking among Headstart programs dealing with issues of poverty, family stress, public housing, multiculturalism and other factors affecting child development.

On behalf of children and families, OCHAP provides a structure and forum for the development and delivery of high quality comprehensive early intervention services for preschool children in Ottawa. In carrying out its mandate, OCHAP acts as a collective voice to promote collaboration and provide advice to funding bodies and service planning.

### **OCHAP's stated purpose is:**

1. To support and coordinate Headstart Preschool programs and community agencies;
2. To provide a central body to coordinate services;
3. To educate staff;
4. To support parent education programs;
5. To advocate on behalf of member schools;
6. To advocate and inform the community of Headstart programs; and
7. To advocate on behalf of families participating in member schools.

## **IDEAL COMPONENTS FOR A QUALITY HEADSTART PRESCHOOL**

All Headstart programs in Ottawa strive for:

### **Qualified Staff**

- Certified early childhood educators
- Resource teachers
- Low teacher to child ratios
- Social worker or parent educator

### **Stimulating Programs for Children**

- Goal-oriented curriculum
- Language-centred programs
- Gross and fine motor skills
- Multi-choice activities
- Sensory areas - quiet and active
- Outdoor and indoor activity areas
- Gardening area
- Quiet area
- Focus on self-esteem

### **Active Parental Involvement**

- Sitting areas for parents
- Parenting groups
- Newsletter
- Board Memberships

### **Appropriate Consultations**

- Home visits
- Individual program plans
- Speech and language assessments and consultation
- Consultations with community agencies

### **Special Services**

- Nutritious menus - to provide a significant portion of the children's daily needs
- Transportation to and from school
- Field Trips

## APPLICATION FOR OCHAP MEMBERSHIP

Name: \_\_\_\_\_ Title: \_\_\_\_\_  
Organization: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone: (\_\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

Membership Fees (check one category):

- \$50.00 per year Full Members (Headstart Programs)
  - \$40.00 per year Associate Members (Child Care Centres and Social Service Providers)
  - \$20.00 per year Individual Members
- *I (We) wish to become a member of the Ottawa-Carleton Headstart Association for Preschools. Please find enclosed my contribution of \$\_\_\_\_\_*
- *I (We) wish to learn more about becoming an OCHAP member. Please call us to arrange a meeting.*

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Return Address

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2244 Russell Road  
Ottawa, Ontario K1G 1B3

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